

Guiding Your Child's Behavior



Helpful Suggestions:

- Know what behavior is appropriate for your child's age. Be realistic in your expectations
- Give your child attention and respect. Express love and affection every day
- Establish a trusting relationship. Help your child feel secure and loved by responding to his/her needs
- Use humor to calm an upset or stressed child
- Reward your child's good efforts and behaviors with your attention and words of encouragement
- Teach your child ways to express his/her emotions
- Establish routines with your child. This will help him/her learn what to expect and become more independent
- Give your child choices which will help them make safe and healthy decisions
- Be a positive role model. Children learn by example
- Set appropriate rules and consequences. Be consistent and predictable in your response to your child's behavior. Take time to give reasons for the rules

