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**Creative Childcare Consulting** is very pleased to offer workshops to the Out-of-School-Care and Early Learning and Child Care community. Workshop facilitators Traudi Kelm and Diane McKean have over 55 years of combined hands on experience and are recognized as leaders both locally and provincially for their commitment to the delivery of high quality care.

**Diane McKean;** has operated School Age programs since 1991, she is a Child Development Supervisor specializing in kindergarten and out of school care. Diane has a background in Business, Marketing and Masterful Facilitation. She is the recipient of the Calgary and Area Child Care Awards of Excellence for Director/Owner and has represented school age and youth voices to the past Governor General of Canada. Diane has been involved in many committees and community projects and has become a recognized leader within the childcare community. Diane is a firm believer in “Play with a Purpose” and believes that play based curriculum not only supports healthy development for children, but ensures a fun environment for the team of professionals.

**Traudi Kelm;** is a Child Development Supervisor with a long standing history within Alberta’s child care community. She has a background in Early Childhood Education, Business Administration and Human Resources Administration. Traudi is recognized as a professional with a unique combination of early learning and childcare experience, proven leadership skills, and extensive community connections. As past owner of Marlborough Day Nursery she has acquired over 35 years of hands-on operational experience specializing in early learning, kindergarten, inclusive child care and out of school care. She is the recipient of the first Calgary and Area, Child Care Award of Excellence; Life Time Achievement Award and The Alberta Centennial Medal, “In recognition of outstanding service to the people and province of Alberta”.

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**Workshops** are highly interactive and designed to meet the professional development needs of child development educators working in childcare centres, preschool settings, family child care and out-of-school care programs. Register for regularly scheduled community based workshops or arrange to have a session delivered on site at your program developed specifically to meet the unique training needs of your staffing team.

**Professional Development Funding** is available to eligible registrants to cover the cost of approved training. Child Development Workers and Child Development Assistants complete Supplementary Form B and submit to ACYS. Child Development Supervisors apply to the Alberta Child Care Association, for more details visit [www.albertachildcare.org](http://www.albertachildcare.org) . We would be happy to help with your application should you require assistance.

***We invite you to review the attached list of current workshop options offered for onsite and/or community delivery***

**Want to provide your staff with unique training opportunities?**

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**Give us a call for a free one hour consultation to map out your annual Professional Development needs**

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**Watch for regular updates on workshop information**

**Register early as spaces are limited**

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**Creative Childcare Consulting** believes in empowering individuals by working in collaboration with the child care community through the development of professional relationships which support growth and excellence.

## **Guiding Principles**

Creative Childcare Consulting is committed to:

- credibility, integrity, honesty, hard-work and flexibility
- the provision of high energy, creative, innovative adult learning
- client driven services recognizing individual and unique needs

## **Mission**

To promote and provide supports, professional development, networking opportunities and resources to the Early Learning and Out-of-School care community.

## **Our Services**

On and off site professional development workshops, consultation and training for Child Care, Preschool and Out-of-School Care in:

- Program start-up and/or expansion
- Policy Development
- Leadership Training
- Program Assessment – Iters, Ecers, Sacers
- Conference Facilitation
- Program Support
- Coaching and Mentoring; Early Childcare Educators, Leaders, Directors, Owners

*Professional development funding is available to eligible registrants for the cost of approved training.  
Need help with your application? Ask us.*

**Free!** Give us a call for a free one-hour consultation to map out your professional development needs.



## Workshop Menu

### Creative Pre School Zone

**Welcome to Creative Pre School Zone!** Each workshop has been developed to enhance participant skills and increase capacity through highly interactive, hands-on adult learning experiences. These workshops focus on the early years (0 – 5 years of age) and provide participants with innovative strategies and practical tools which:

- Develop and enhance skills to support “Best Practices”
- Enrich and motivate
- Engage participants in active, creative learning experiences
- Energize

These professional development workshops are specifically designed to meet the unique training needs of Child Care Workers, Assistants and Supervisors working with children in daycare, preschool, and family child care settings.

#### **Let’s Get Physical – Physical Fitness in Early Childhood Settings**

**Duration: 2 hours**

The key to physical activity in early childhood is enjoyment. Should physical fitness be a concern during the early childhood years? Don’t young children get all the activity they need naturally by being children? Unfortunately, the statistics suggest otherwise. This interactive workshop looks at fun ways to include physical activity into each day.

#### **Positive Guidance**

**Duration: 2 - 4 hours**

Children who present with challenging behaviours can put us all to the test. This interactive workshop is designed to look at what may be the underlying cause to challenging behaviours and offers practical ideas and strategies that have been proven to work if given the chance.

#### **Best Practices in Program Planning**

**Duration: 2 hours**

Designing and implementing an age appropriate and interesting program for children 0 -5 years of age is one of the most exciting challenges that face Early Childhood Educators. This hands on workshop challenges participants to look at their own practice, share ideas and to think out of the box. Participants will be introduced to age appropriate activities related to various topics and celebrations. Strategies to plan based on children’s interests will be presented as well as a tableau of fresh programming ideas which can be implemented immediately.

This workshop can be modified to meet the developmental needs of any age group.

## **Creative Story Telling**

**Duration: 2 hours**

Story-telling opens many channels of communication and stimulates children's emotional, imaginative and linguistic development. This hands-on workshop will provide participants with strategies to infuse imagination and early literacy into their programs. You will learn the art of story-telling, practice fun techniques and share ideas.

## **Inclusive Child Care / Working with Special Needs Children**

**Duration: 2 hours**

Participants will engage in hands on activities to better understand Inclusive Child Care, the benefits of including special needs children in your population, and the development of effective approaches to working with the special needs child and their families.

## **Developmental Milestones**

**Duration: 2 hours**

As we look at developmental milestones it is important to reflect on our own practice and how it impacts the healthy development of children. Both timing and sequence can vary among children and within cultures. This interactive workshop will explore key areas of a child's growth and development. It will touch on recent brain research and how ECE's can use this research to inform practice.

## **Outdoor Play**

**Duration: 2 hours**

The outdoors provides an educational tableau that offers endless opportunities for creative early childhood educators. This interactive workshop is designed to help ECE's understand the importance of outdoor play, their role in facilitating daily experiences and explores ideas to maximize outdoor time and learning.

## **Developing and Implementing Curriculum**

**Duration: 2 hours**

Developing and implementing a comprehensive and inclusive early childhood curriculum is a challenging task. The children who you engage in activities have different learning styles, preferences and intelligences. This workshop is designed to help the ECE weave together the many elements of a comprehensive curriculum and ensure that it is implemented in a manner which provides direction and recognizes children's individual interests.

## **Positive Interactions**

**Duration: 2-3 hours**

Young children experience their world as an environment of relationships, and these relationships affect virtually all aspects of their development – intellectual, social, emotional, physical, behavioural, and moral. Whether your interactions are spontaneous or planned, thoughtful or automatic, individualized or one size fits all, the kind of interactions you have with children matters. This hands-on workshop provides participants with opportunities for self-reflection and explores the power of positive interactions.

## **Transitions**

**Duration: 2 hours**

Transitions don't have to be stressful and frustrating experiences for both children and adults. Short simple activities can offer new ways to capture children's attention and transition them onto new activities with ease. This workshop explores techniques and strategies that can provide fun, engaging and successful transitions for children.

## **All in a Day of Play**

**Duration: 2 hours**

Play helps children learn new skills, build self-confidence and develop healthy relationships. An important part of any developmentally appropriate Early Learning and Childcare program, what exactly does it mean to play and why is it so important for young children? This hands-on, interactive workshop will define the ECE's role as facilitator and provide strategies to enhance children's daily play experiences.

## **Creative Messy Crafts!**

**Duration: 2 hours**

It will be messy, and that's O.K! Art for young children is all about the experience, experimenting and having fun. Messy art activities give children an opportunity to explore and express themselves. They can enjoy the process of creating without any expectations or rules. Participants will roll up their sleeves, experience messy activities and learn to accept that now and then messy is O.K.

## **The Magic of Music and Finger Play**

**Duration: 2 hours**

Music can magically change children's experiences and the atmosphere of any classroom. It provides an outlet for creativity, self-expression and individual uniqueness. Music and finger play are a wonderful tools for teaching and enhance programs for all children. This interactive workshop will introduce participants to a variety of techniques and a wide selection of favorite children's songs and finger plays. Participants will leave with a tableau of new ideas ready to implement in their programs.

## **Discovering Language and Loving It!**

**Duration: 2 hours**

Preparing children for literacy involves immersing them in a language rich environment where they have naturally occurring opportunities for interactions with language. Child care and preschool settings are ideal environments for the introduction to early literacy. Explore strategies and fun activities which promote early literacy and support children's language development.

## Creative School Age Zone

**Creative School Age Zone**; offers participants hands on adult learning. Workshops are highly interactive so be prepared to meet new people, share ideas, and have a fun learning experience.

Creative's Brunch Box Series has been designed to meet the professional development needs of Child Development Assistants, Child Development Workers and Child Development Supervisors who work with school age children. These sessions are very practical and interactive. Workshops will offer school age care professionals opportunities to:

- develop practical, applicable skills that support best practices
- build their own professional development portfolios
- opportunities to network and brainstorm new ideas with peers
- leave each workshop with information that can be implemented right away

Facilitated by Diane McKean and Traudi Kelm this series of workshops will support learning and provide evidence for the Accreditation process.

### **Parent and Family Relationships: School Age Style:**

**Duration: 2 hours**

Parents of school age children are often quite busy and on the run. This workshop not only shares proven techniques for engaging parents as partners, it facilitates the development of tools to create a family friendly environment. A brief skit, on a parking lot conversation amongst 3 parents will help us to broaden our perspectives on parent needs.

### **Developing and Implementing Program rules: School age style:**

**Duration: 2 hours**

Most school age programs have pre-set program rules. This workshop will provide participants with the tools to get children's buy-in to rules and expectations by involving children in the rule making process. But, it doesn't stop there, we will discuss how children can be involved with logical consequences and can develop a self-monitoring program.

### **Creating Clubs and Committees Using School Aged Input:**

**Duration: 2 hours**

The more children are involved in the program planning, activities and projects, the more invested and engaged they will be. This workshop will go through the steps on how to truly involve children of all ages and what important skills development is met when clubs and committees are well planned and followed through on.

### **Global Issues and Service Programming: School Age Style:**

**Duration: 2 hours**

Through hands-on activities school age programs can open the doors to the world for our children. Understanding the impact of global issues, a better understanding of cultural diversity and community service projects builds compassion and allows children to better understand the issues facing their immediate communities. This workshop will provide the ideas and tools to implement these topics into your everyday program delivery.

### **Open Ended Activity Centre: School Age Style:**

**Duration: 2 hours**

Environments in school age programs can be one of our biggest challenges. Activity centres are a great way to involve children's ideas for equipment and when creating portable spaces. Participants will not only have the opportunity to explore some portable activity centres, they will have the opportunity to be involved with groups to plan some portable activity centres. A fun, interactive workshop!

### **Project based programming: School Age style:**

**Duration: 2 hours**

Project based programming experiences often miss the opportunity to be real life changing experiences for children. This workshop will help participants turn important issues that children truly care about into opportunities for children to build on their abilities and learn new skills. Participants will leave with working templates on; group roles, project planning guides, and project planning review sheets.

### **Creating a Reading Rich Environment: School Age Style:**

**Duration: 2 hours**

After school is the perfect time to encourage children to read. Workshop participants will engage in literacy activities school age style, review developmental stages and grade levels as they relate to literacy and explore fun ways to incorporate literacy projects in everyday activities creating a reading rich environment.

### **My Skills Inventory: School Age Style:**

**Duration: 2 hours**

School age children learn from everyone. As school age care workers, we need to evaluate our own strengths and personal knowledge and skills. This interactive workshop will help school age care workers reflect on their own personal resources, how those skills can be used to influence positive outcomes for the children they work with, and how those skills match up with the different interests and developing characteristics of the school age child.

### **Intentional Programming in Out of School Care**

**Duration: 2 hours**

The key to successful programming is to have a vision of where the activities are going as a way to challenge the children and add to their skills and social development. This interactive workshop looks at pro-active group management by; creating structure, building rapport, developing rules and consequences, bridging the gap and dealing with anger.

### **Summer Sun and Physical Fun**

**Duration: 2 hours**

Non-School days and summer camp is the perfect time for staff and children to create new environments, enjoy the beauty of the great outdoors, and explore new physical challenges. This workshop provides participants with opportunities to plan and lead non-school day activities that include; field trips, outdoor play spaces, and physical activity. We plan to have fun, dress comfortably and for the weather.



## **Stop Bullying (National Bully Awareness Week – November 14 – 19, 2011)**

**Duration: 2 hours**

Bullies feel the power! Children bullied are hurt and scarred. Bystanders watch, join in, or walk away, and adults don't always listen or believe. Having conversations with children and parents about what is happening can actually change the culture of a strong community. This workshop will provide participants with hands on activities that will support your program to be Bully free.

## **The Rhythm of Music; School Age Style**

**Duration: 2 hours**

It is common practice to set up Interest Areas in out-of-school program environments. Interest Centers are organized around areas that children like to explore such as Art, Science and Nature, Building and Construction, Board and Table Games, Cooking, or Dramatic Play. But we don't usually organize Music centres. Join us for this fun workshop that will set your feet a tapping!

## **Every Child Belongs**

**Duration: 2 – 4 hours**

This workshop will support school age professionals in setting all children up for a successful and fun after school. We will discuss strategies on how to support children to live within the program rules, take responsibility for their actions and to develop tolerance and respect for peer temperaments. This would be an excellent follow-up to Developing Program Rules.

## **Dealing with Conflicts; School Age Style**

**Duration: 2 – 4 hours**

Wide ranges of circumstances or conditions may result in conflict and behaviour problems amongst school age children. Join us for strategies to support children and support your team. You will have the chance to evaluate the environment as well as your conflict management style. This is an excellent follow-up to Creating program rules.

## **Transitions; School Age Style**

**Duration: 2 hours**

Wide ranges of circumstances or conditions may result in conflict and behaviour problems amongst school age children. Join us for strategies to support children and support your team. You will have the chance to evaluate the environment as well as your conflict management style. This is an excellent follow-up to Creating program rules.

## **Physical Activities; School Age Style**

**Duration: 2 hours**

According to the **2011 Active Healthy Kids Canada Report Card** on Physical Activity for Children and Youth, Canadian children and youth are sitting idle indoors during the after-school period of approximately 3 to 6 p.m., getting a mere 14 minutes, out of a possible 180, of moderate- to vigorous-intensity physical activity. The Report Card also tells us that fifty-nine per cent of the after-school time period is spent engaged in sedentary pursuits. Learn ways to engage children and support staff members in all kinds of fun physical activities School Age Style.

## **Building Tween Leadership Skills; School Age Style**

**Duration: 2 hours**

As older kids move towards independence they are increasingly interested in assuming responsibility for how they use their free time. They enjoy being resourceful and getting involved in activities and projects that are important to them. Join us as we walk through the joys of supporting tweens develop their leadership style and skills.

## **Creative Zone**

**Creative Zone**, professional development workshops are designed specifically to support daycare, preschool, family child care and out-of-school environments in which children and adults are actively engaged. Workshops provide hands-on, interactive experiences and will be adapted to suit the needs of participants.

## **We All Smile in the Same Language (a multi-cultural celebration of the season)**

**Duration: 3 hours**

Let's celebrate! As we think of this time of the year (December) we begin to realize that people everywhere in the world are celebrating. What are they celebrating? This workshop is a celebration of celebrations in recognition of the rich cultural diversity of our country and the cultures around the world. Participants will be engaged in cultural activities which can be easily introduced to the children in their programs and will provide networking opportunities to share their own cultural backgrounds and traditions around this festive season.

## **Grossology?!**

**Duration: 3 hours**

It's gross that's why they love it! If you thought that science was dull, here's a workshop that will change your mind. There are so many things that peak the senses and get the giggles going, from awful ooey gooey sensory experiences to disgusting smells, gross songs, and stories. Throughout this hands-on interactive workshop participants will roll up their sleeves for some serious mess making, exploring all that is gross.



## Creative Leadership Zone

**Creative Leadership Zone**; provides unique opportunities for individuals in a leadership role to further develop and enhance their skills. Workshops will provide hands-on experiences, explore innovative strategies, create networking opportunities, and facilitate the sharing of ideas and discussions on relevant issues.

### Effective Communication

**Duration: 2 hours**

Communication is more than just a way to get ideas across or exchange points of view. It is a process by which we interact with others and seek out information essential to the delivery of quality care. This workshop engages participants in a variety of reflective activities which identify effective strategies as well as barriers to communication with parents, children and coworkers.

### Empowering Your Team

**Duration: 2 hours**

Empowerment is a great morale booster and motivator. Directors who empower their teams share responsibility and demonstrate trust. This interactive workshop looks at strategies which enable Directors to acknowledge the special skills and talents employees bring to the table and how to foster a culture of empowerment in your organization.

### There is no "I" in Team!

**Duration: 2 hours**

Lack of teamwork creates a stressful environment not only for the adults but for the children spending time with them on a day to day basis. There is no "I" in Team offers participants a fun and engaging way to develop team dynamics and gain insight as to what their coworkers bring to the workplace. This interact workshop uses a number of interactive tools and strategies to engage participants, improve staff moral and develop respectful relationships.

### Professionalism

**Duration: 2 hours**

Professionalism describes a certain type of behaviour in the workplace. It is based on our values, an understanding of our professional roles, and is evidenced by our behaviour. This workshop will challenge participants to define professionalism and guides them through a self-reflective process to critically appraise how their values and beliefs influence their professional understandings.

### Ethics

**Duration: 2 hours**

Ethics define the moral commitments of an individual and involve the behaviours that one must or must not engage in. It is the study of right or wrong, duty and obligation, it involves critical reflection on morality and the ability to make choices. This workshop will examine the core values of the early learning and care field. It will guide participants through activities which will allow them to reflect on their own ethical responsibilities and help individuals resolve moral dilemmas they may encounter in their work.

## Creative Leadership; Training Modules

**Creative Leadership;** Training Modules have been designed to meet the unique professional development needs of Child Development Supervisors and Child Development Workers in a supervisory role. These sessions are practical and interactive, using hands on adult learning tools. Each workshop will offer participants opportunities to:

- Reflect on current practice
- Identify the core competencies an individual must acquire to adequately perform in a leadership role
- Develop practical, applicable skills that support best practices
- Build their professional development portfolio
- Network and share new ideas with peers
- Leave with new ideas that can be implemented right away
- Build professional peer relationships
- Promote professionalism

### **Implementing a Service Philosophy, A Framework for Early Learning**

**Duration: 6 hours**

A service philosophy is more than a mission statement. The content must guide practice and provide clear vision for the service. That means that it contains information which is specific enough to guide the day-to-day decisions made by staff and management in meeting children's developmental needs. This workshop will challenge participants to reflect on their service philosophy and guide them through a process to critically appraise how their values, beliefs and attitudes about children and families influence interactions, relationships, practices, policies, procedures, and experiences.

### **Environments that Support Children's Needs and Stimulate Learning**

**Duration: 5 hours**

Through hands-on interactive experiences participants will understand that the environment provides the foundation for the delivery of high quality, developmentally appropriate programs for children. Comfortable, inviting places and spaces are necessary for healthy learning and development to occur, without a sense of comfort it is very difficult for adults and children to benefit from the experience. Participants will learn how to create environments that foster learning and success.

### **Hire Right the First Time (unfunded)**

**Duration: 6 hours**

Administrators must ensure there is sufficient, knowledgeable, caring, and qualified staff to provide quality experiences for children in their care. Recruiting staff is a major responsibility and is often challenging. This highly interactive workshop will engage participants in the review of current recruitment practices and explore innovative proven strategies to "Hire Right the First Time". Participants will learn how to; assess their training needs, conduct effective interviews and orient new staff members.

## **Creating a Positive Work Environment**

**Duration: 5 hours**

Creating a positive work environment takes trust, faith, team work and courage to move things forward. In order for teams to be successful, the leader and individual team members must know their respective roles. This workshop will enable participants to share ideas and explore strategies which foster positive work environments. Participants will have the opportunity to identify their own personal skill inventory and how this translates into effective leadership.

## **Leading Your Team**

**Duration: 6 hours**

What makes a great leader? A leader is many things to many people. Leaders have vision; they look beyond the here and now to see the vast potential for their organizations and the people within them. Leaders recognize the value of employees and their critical importance to achieving the organizations goals. This workshop leads participants through hands-on interactive activities to recognize and enhance their leadership skills.

## **Professional and Organizational Development**

**Duration: 5 hours**

“Professionalism”, where it all starts. This workshop looks at professionalism within the early learning and child care team. It further offers participants the opportunity to assess their own organizational and professional development needs, evaluate opportunities, support staff development and explore ways to get there.

## **Understanding and Managing Alberta’s Employment Standards Code and Regulation(unfunded)**

**Duration: 4 hours**

Employment standards are minimum standards of employment for employers and employees in the workplace. In Alberta, employment standards are contained in the Employment Standards Code and Regulation. This workshop will provide basic information specific to these laws and guide participants through hands-on activities to gain a better understanding.

## **Understanding the Budget Dilemma / Financial Management (unfunded)**

**Duration: 6 hours**

Child care centres and out-of-school care programs operate on tight budgets. Projecting income for a program budget must take into account past trends as well as future changes. Program directors and administrators need to at the very least understand the basics of budgeting and accounting. This workshop will engage participants in meaningful activities where they will develop and work through an operational budget and explore strategies for the continued financial health of a program.

## **Quality Care in Quality Facilities – Policy Matters (unfunded)**

**Duration: 5 hours**

Ensuring safe and healthy environments for children requires vigilance and responsiveness. Both depend on appropriate staff development, monitoring, risk assessment, drills and writing policy and action plans to prevent potential risks. This workshop will provide participants with useful tools and guide them through the process of policy development and procedural assessment.

## **Family and Community Partners**

**Duration: 5 hours**

Maximizing experiences for children and families requires healthy, collaborative partnerships between all stakeholders. This workshop not only shares proven techniques for engaging parents, families and community it will guide participants through a process of how to open channels of communication and facilitate the development of tools to create a family/community friendly environment.

## **Policy Matters / Governance**

**Duration: 6 hours**

Governance policies and procedures of an organization provide direction to the staff and lay the foundation for the services provided to children and families. This workshop will guide participants through the development and implementation of effective policies and procedures resulting in better overall outcomes for children, families and staff.





## Registration Form

Please Print Clearly

Name: \_\_\_\_\_

Email: \_\_\_\_\_ Fax: \_\_\_\_\_ Phone: \_\_\_\_\_

Agency: \_\_\_\_\_ Preschool \_\_\_ OSC \_\_\_

Workshop Title: \_\_\_\_\_

Location: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Cost: \_\_\_\_\_

Signature: \_\_\_\_\_

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**Workshops include:** all handouts, course materials and "Certificate of Completion"

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### Terms and Conditions

- Signing of registration form confirms booking
- All sessions are non-refundable
- Payment is due on or before date of workshop delivery

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### Payment Policy

**Please make all cheques or money orders payable to: Creative Childcare Consulting**

**Mail with this form to: P.O. Box 65010 Calgary, Alberta T2N 4T6**

**Fax: 403-208-6702 (Form may be faxed in advanced)**

**or call Traudi @ 403-818-9305**

**Payment must be received on or prior to workshop delivery date**

**Professional Development Funding** is available to eligible registrants to cover the cost of approved workshops and training. Child Development Assistants and Child Development Workers complete a Supplementary Form B and submit to ACYS. Child Development Supervisors apply to the Alberta Child Care Association for more details visit [www.albertachildcare.org](http://www.albertachildcare.org). We would be happy to help with the application should you require assistance.

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