

Positive Solutions for Families 5 Week Training Series

Session 1: Making a Connection

- Identify the importance of building positive relationships with children by using positive comments and encouragement with children.
- Building Relationships
- Spending quality time with children
- Discuss the importance of social-emotional development for young children
- Understand how play can be a powerful practice.
- Learn ways to help children develop friendship skills.
- Link building relationships, using positive comments/encouragement, and play to children's behavior.

Session 2: Why Do They Do What They Do?

- Examine why children do what they do.
- Practice ways to determine the meaning of behavior.
- Ask vs Telling activity
- Understand how to make expectations clear for children.
- Understand effective ways to develop and teach centre rules.

Session 3: Teach Me What To Do!

- Define the concept of emotional vocabulary.
- Identify feeling words and identify effective ways to teach feeling vocabulary.
- Demonstrate the use of books to support emotional vocabulary and social-emotional development.
- Identify how the turtle tuck can be used to cope with feelings of anger and disappointment.
- Learn how to teach problem-solving skills.

Session 4: Facing the Challenge Part 1:

- Examine specific strategies that can be used to promote positive adult and child behavior in centre and community settings.
- Strategies That Help
- Logical Consequences activity

Session 5: Facing the Challenge Part 2:

- Identify that the problem behavior has meaning.
- Identify the meaning of behavior by examining what happens before and after the problem behavior.
- Identify the three parts of a behavior plan: preventions, new skills to teach, and new responses.